

Class of 2026 Food Preparation and Nutrition

Long Term Plan 2020-21



	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	W/C 24/08	W/C 31/08	W/C 07/09	W/C 14/09	W/C 21/09	W/C 28/09	W/C 05/10	W/C 12/10	W/C 02/11	W/C 09/11	W/C 16/11	W/C 23/11	W/C 30/11
Cycle 1	Induction	F,P&N Diet and nutrition LI: What is nutrition, a healthy diet and energy balance?	F,P&N Health and safety/ basic practical skills LI: Demonstrate baking skills including dividing a mixture.	F,P&N Food provenance LI: What is food provenance and how do we prepare high risk food safely?	F,P&N Food Choice LI: What is food choice and how is it effected?	F,P&N Practical skills LI: Create a dish from an international cuisine.	F,P&N Food Science LI: What is a practical application of food science?	F,P&N Practical skills and Food Science LI: To apply the principles of food science practically.	F,P&N Practical skills LI: Demonstrate practical skills including using fish and sauce making.	F,P&N Practical Skills LI: Demonstrate meat and vegetable preparation skills.	F,P&N Food Choice – Labelling and packaging LI: Understand food labelling and how it effects food choice.	F,P&N Practical skills LI: Creatively apply nutritional and seasonal food knowledge and a variety of practical skills.	F,P&N Diet and Nutrition LI: Adapt and develop a food product in line with the healthy eating guidelines.
		Bank hol Mon				Mock 1		Mock 1			Data Day Monday		Planning Day Friday
Cycle 2	W/C 07/12	W/C 14/12	W/C 04/01	W/C 11/01	W/C 18/01	W/C 25/01	W/C 01/02	W/C 08/02	W/C 22/02	W/C 01/03	W/C 08/03	W/C 15/03	W/C 22/03
	Learning intention Topic	Learning intention Topic	Learning intention Topic	Learning intention Topic Training Day Monday	Learning intention Topic Mock 2	Learning intention Topic	Learning intention Topic Mock 2	Learning intention Topic	Learning intention Topic	Learning intention Topic	Learning intention Topic Data Day Tuesday	Learning intention Topic	Learning intention Topic Planning Day Friday
Cycle 3	W/C 12/04	W/C 19/04	W/C 26/04	W/C 03/05	W/C 10/05	W/C 17/05	W/C 24/05	W/C 07/06	W/C 14/06	W/C 21/06	W/C 28/06	W/C 05/07	W/C 12/07
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