

# ALLERGEN SHEET

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
<b>WEEK ONE</b>	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
<i>Chicken Katsu Nuggets and Hash Brown (Celeriac, Gluten)</i>	✓	✓												
<i>Quorn Katsu Nuggets and Hash Brown</i>														
<i>Chicken Fajita, Tortilla Wrap, Seasoned Sliced Potatoes (Gluten)</i>		✓												
<i>Vegetable Fajita, Tortilla Wrap, Seasoned Sliced Potatoes</i>		✓												
<i>Mac &amp; Cheese, Garlic Bread (Dairy, Gluten, Soya)</i>		✓						✓					✓	
<i>Mac &amp; Cheese, Garlic Bread</i>		✓						✓					✓	
<i>Chicken &amp; Spinach Curry, Naan, Rice (Gluten)</i>		✓												
<i>Vegetable &amp; Spinach Curry, Naan, Rice</i>		✓												
<i>Margherita pizza, Salt Fries (Gluten, Eggs, Milk)</i>		✓		✓				✓						
<i>Margherita pizza, Salt Fries (Gluten, Eggs, Milk)</i>		✓		✓				✓						

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	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
<b>WEEK TWO</b>														
<i>Fish Fingers with Salted Fries &amp; Lemon Mayo (Gluten, Fish)</i>		✓				✓								
<i>Veg Fingers with Salted Fries &amp; Lemon Mayo</i>														
<i>Chicken &amp; Cheese Quesadillas, Nachos, Sauce (Gluten, Milk)</i>		✓							✓					
<i>Cheese Quesadillas, Nachos, Sauce</i>		✓							✓					
<i>Chicken Hunters Pasta, Spicy Chilly Nachos (Gluten, Dairy)</i>		✓							✓					
<i>Vegetable Hunters Pasta, Spicy Chilly Nachos</i>		✓							✓					
<i>Crispy East Chicken, Oriental Rice, Sweet Chilli Sauce (Gluten, Dairy, Soya)</i>		✓						✓						✓
<i>Crispy East Vegetables, Oriental Rice, Sweet Chilli Sauce</i>		✓						✓						✓
<i>SFC Chicken, Salt Fries, Sauce (Gluten, Dairy)</i>		✓						✓						
<i>Vegetarian Nuggets, Salt Fries, Sauce</i>		✓						✓						

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DESSERTS / BISCUITS	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
Shortbreads (Wheat)		✓		✓			✓							
DMA Cake (Wheat)		✓		✓			✓						✓	
Brownie (Wheat)		✓		✓			✓						✓	
Oat Biscuits (Oat/May Barley)		✓					✓						✓	
Sugar Ring Doughnuts (Wheat)		✓		✓			✓						✓	
Flapjacks (Oat/May Barley)		✓					✓						✓	
Cookies (Wheat)		✓		✓			✓						✓	
Brownie (Wheat)		✓		✓			✓						✓	
DMA Cake (Wheat)		✓		✓			✓						✓	
Muffins (Wheat/E/M/SY/May SE)		✓		✓			✓					May	✓	
Jam Doughnuts, (Wheat, Eggs, Milk, May contain sesame seeds, Soy)		✓		✓			✓					May	✓	
Breakfast/Break Foods	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
Bagels (Wheat/Barley/M/May SE)				✓			✓						May	
Cheese (M) Bagel (Wheat/Barley/M/May SE)				✓			✓						May	
Cheesy (M) Pizza Bagel (Wheat/Barley/M/May SE)				✓			✓						May	