







ALLERGEN SHEET

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
WEEK ONE	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
Chicken Katsu Nuggets and Hash Brown (Celery, Gluten)	✓	✓												
Quorn Katsu Nuggets and Hash Brown														
Chicken Fajita, Tortilla Wrap, Seasoned Sliced Potatoes (Gluten)		✓												
Vegetable Fajita, Tortilla Wrap, Seasoned Sliced Potatoes		✓												
Mac & Cheese, Garlic Bread (Dairy, Gluten, Soya)		✓					✓						✓	
Mac & Cheese, Garlic Bread		✓					✓						✓	
Chicken & Spinach Curry, Naan, Rice (Gluten)		✓												
Vegetable & Spinach Curry, Naan, Rice		✓												
Margherita pizza, Salt Fries (Gluten, Eggs, Milk)		✓		✓			✓							
Margherita pizza, Salt Fries (Gluten, Eggs, Milk)		✓		✓			✓							

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WEEK TWO														
<i>Fish Fingers with Salted Fries & Lemon Mayo</i> (Gluten, Fish)		✓			✓									
<i>Veg Fingers with Salted Fries & Lemon Mayo</i>														
<i>Chicken & Cheese Quesadillas, Nachos, Sauce</i> (Gluten, Milk)		✓					✓							
<i>Cheese Quesadillas, Nachos, Sauce</i>		✓					✓							
<i>Chicken Hunters Pasta, Spicy Chilly Nachos</i> (Gluten, Dairy)		✓					✓							
<i>Vegetable Hunters Pasta, Spicy Chilly Nachos</i>		✓					✓							
<i>Crispy East Chicken, Oriental Rice, Sweet Chilli Sauce</i> (Gluten, Dairy, Soya)		✓					✓						✓	
<i>Crispy East Vegetables, Oriental Rice, Sweet Chilli Sauce</i>		✓					✓						✓	
<i>SFC Chicken, Salt Fries, Sauce</i> (Gluten, Dairy)		✓					✓							
<i>Vegetarian Nuggets, Salt Fries, Sauce</i>		✓					✓							

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DESSERTS / BISCUITS														
Shortbreads (Wheat)		✓		✓			✓							
DMA Cake (Wheat)		✓		✓			✓						✓	
Brownie (Wheat)		✓		✓			✓						✓	
Oat Biscuits (Oat/May Barley)		✓					✓						✓	
Sugar Ring Doughnuts (Wheat)		✓		✓			✓						✓	
Flapjacks (Oat/May Barley)		✓					✓						✓	
Cookies (Wheat)		✓		✓			✓						✓	
Brownie (Wheat)		✓		✓			✓						✓	
DMA Cake (Wheat)		✓		✓			✓						✓	
Muffins (Wheat/E/M/SY/May SE)		✓		✓			✓					May	✓	
Jam Doughnuts, (Wheat, Eggs, Milk, May contain sesame seeds, Soy)		✓		✓			✓					May	✓	
Breakfast/Break Foods	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
Bagels (Wheat/Barley/M/May SE)				✓			✓					May		
Cheese (M) Bagel (Wheat/Barley/M/May SE)				✓			✓					May		
Cheesy (M) Pizza Bagel (Wheat/Barley/M/May SE)				✓			✓					May		