

ALLERGEN SHEET

Menu Item	 Celery	 Cereals containing Gluten	 Crustaceans (Shellfish)	 Eggs	 Fish	 Lupin	 Milk	 Molluscs (Shellfish)	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
WEEK ONE	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
Tomato and Basil Pasta with Cheese and Garlic Bread (Gluten, Milk, May Soya)		✓					✓						May	
Tomato and Basil Pasta with Cheese and Garlic Bread (Gluten, Milk, May Soya)		✓					✓						May	
Tandoori Chicken, Seasoned Pitta Bread, Spiced Mayo Sauce (Gluten)		✓												
Tandoori Vegetables, Seasoned Pitta Bread, Spiced Mayo Sauce (Gluten)		✓												
Chicken Dinner, Yorkshire Pudding, Buttered Vegetables, Gravy, Roast potatoes, (Celeriac, Gluten, Eggs, Dairy, Sesame Seeds)	✓	✓		✓			✓					✓		
Vegan Pie, Yorkshire Pudding, Buttered Vegetables, Gravy, Roast potatoes, (Celeriac, Gluten, Eggs, Dairy, Sesame Seeds)	✓	✓		✓			✓					✓		
Breakfast Brunch, Sausages, Hash Brown, Spaghetti Oops, Sauce (Gluten, Sulphur)		✓												✓
Breakfast Brunch, Vegetarian Sausages, Hash Brown, Spaghetti Oops, Sauce (Gluten, Sulphur)		✓												✓
Margherita Pizza, Fries, BBQ Sauce (Gluten, Dairy)		✓					✓							
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	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
DESSERTS / BISCUITS														
Shortbreads (Wheat)		✓		✓			✓							
DMA Cake (Wheat)		✓		✓			✓						✓	
Brownie (Wheat)		✓		✓			✓						✓	
Oat Biscuits (Oat/May Barley)		✓					✓						✓	
Sugar Ring Doughnuts (Wheat)		✓		✓			✓						✓	
Flapjacks (Oat/May Barley)		✓					✓						✓	
Cookies (Wheat)		✓		✓			✓						✓	
Brownie (Wheat)		✓		✓			✓						✓	
DMA Cake (Wheat)		✓		✓			✓						✓	
Muffins (Wheat/E/M/SY/May SE)		✓		✓			✓					May	✓	
Jam Doughnuts, (Wheat, Eggs, Milk, May contain sesame seeds, Soy)		✓		✓			✓					May	✓	
Breakfast/Break Foods	(C)		(CR)	(E)	(F)	(L)	(M)	(MO)	(MU)	(N)	(PN)	(SE)	(SY)	(SD)
Bagels (Wheat/Barley/M/May SE)				✓			✓					May		
Cheese (M) Bagel (Wheat/Barley/M/May SE)				✓			✓					May		
Cheesy (M) Pizza Bagel (Wheat/Barley/M/May SE)				✓			✓					May		