Year 11 Cycle 1 Revision Timetables





English Language

- 1) Click on topic and watch some of the videos (making notes as you watch them)
- 2) Complete the practice questions accessed through our English Google Drive

C1W3 11 Sep	English Language Paper 1: Reading Section: GCSE Bitesize	English Language Paper 1: Writing Section: Mr Bruff	English Language Paper 1: Writing Section: Mock Questions
C1W4 18 Sep	English Language Paper 2: Q1 & Q2: GCSE Bitesize	English Language Paper 2: Q3 & Q4: Mock Questions	English Language Paper 2: Q4 Mock Questions
C1W5 25 Sep	English Language Paper 2: Q5 Mock Questions	English Language Paper 2: Q5 Mr Bruff	English Language Paper 2: Q5 Mock Questions
C1W6 2 Oct	English Language Paper 1: Q1 & 2 Mock Questions	English Language Paper 1: Q3 & Q4 Mock Questions	English Language Paper 1: Q4 Mock Questions
C1W7 9 Oct	English Language Paper 1: Q5 Mock Questions	English Language Paper 1: Q5 Mock Questions	English Language Paper 1: Q5 Mock Questions
C1W8 16 Oct	English Language Paper 2: Reading section Mock Questions	English Language Paper 2: Writing section Mock Questions	English Language Paper 2: Writing section Mock Questions
C1W9 6 Nov	English Language Paper 2: Reading section Mock Questions	English Language Paper 2: Writing section Mock Questions	English Language Paper 2: Writing section Mock Questions
C1W10 13 Nov		Mock Examinations	



English Literature

- 1) Click on topic and watch some of the videos (making notes as you watch them)
- 2) Complete the practice questions accessed through our English Google Drive

C1W3 11 Sep	Lit Paper 2: Power & Conflict Poetry Anthology (Section B): GCSE Bitesize Revision	Lit Paper 2: Power & Conflict Poetry Anthology (Section B): Mock Questions	Lit Paper 2: Power & Conflict Poetry Anthology (Section B): Mock Questions
C1W4 18 Sep	Lit Paper 2: An Inspector Calls (Section A): GCSE Bitesize	Lit Paper 2: An Inspector Calls (Section A): Mr Bruff videos	Lit Paper 2: An Inspector Calls (Section A) Mock Questions
C1W5 25 Sep	Lit Paper 2: Unseen Poetry (Section C): Mr Bruff videos	Lit Paper 2: Unseen Poetry (Section C): GCSE Bitesize	Lit Paper 2: Unseen Poetry (Section C): Mock Questions
C1W6 2 Oct	Lit Paper 1: Macbeth: Mr Bruff videos	Lit Paper 1: Macbeth: GCSE Bitesize	Lit Paper 1: Macbeth: Mock Questions
C1W7 9 Oct	Lit Paper 1: A Christmas Carol: Mr Bruff videos	Lit Paper 1: A Christmas Carol: GCSE Bitesize	Lit Paper 1: A Christmas Carol Mock Questions
C1W8 16 Oct	Literature Paper 2: Full Revision Mock Questions	Literature Paper 2: Full Revision Mock Questions	Literature Paper 2: Full Revision Mock Questions
C1W9 6 Nov	Literature Paper 1: Full Revision: Mock Questions	Literature Paper 1: Full Revision: Mock Questions	Literature Paper 1: Full Revision: Mock Questions
C1W10 13 Nov		Mock Examinations	



Foundation Mathematics

- 1. Click on topic and watch the video
- 2. Click on Exam Questions and answer the questions
- 3. Click on solutions and mark your work

C1W3	Factors and Multiples	Estimating	Indices
11 Sep	Exam Questions	Exam Questions	Exam Questions
	Solutions	Solutions	Solutions
C1W4	Standard Form	Fractions	Percentage Change
18 Sep	Exam Questions	Exam Questions	Exam Questions
	Solutions	Solutions	Percentage Change
C1W5	Compound Interest and	Writing and Simplifying Ratio	Ratio
25 Sep	<u>Depreciation</u>	Exam Questions	Exam Questions
	Exam Questions	<u>Solutions</u>	Solutions
	Solutions		
C1W6	Expanding and Factorising	Solving Equations	Angles in Parallel Lines
2 Oct	Exam Questions	Exam Questions	Exam Questions
	<u>Solutions</u>	Solutions	Solutions
C1W7	Angles in Polygons	Surface Area	Volume of a Prism
9 Oct	Exam Questions	Exam Questions	Exam Questions
	Solutions	Solutions	Solutions
C1W8	Averages from Frequency Tables	Two Way Tables	Probability
16 Oct	Exam Questions	Exam Questions	Exam Questions
	Solutions	Solutions	<u>Solutions</u>
C1W9	Probability Trees	Pythagoras	SOHCAHTOA (Trigonometry)
6 Nov	Exam Questions	Exam Questions	Exam Questions
	Solutions	Solutions	Solutions
C1W10		Mock Examinations	
13 Nov			



Higher Mathematics

- 1) Click on topic and watch the video
- Click on Exam Questions and answer the questions
 Click on solutions and mark your work

	3) Click on solutions and mark your work			
C1W3 11 Sep	Writing a Ratio as a Fraction or Linear Function Exam Questions Solutions	Direct and Inverse Proportion Exam Questions Solutions	Bounds Exam Questions Solutions	
C1W4 18 Sep	Fractional and Negative Indices Exam Questions Solutions	Recurring Decimals to Fractions Exam Questions Solutions	Repeated Percentage Change Exam Questions Solutions	
C1W5 25 Sep	Surds Exam Questions Solutions	Similar Shapes (Area and Volume) Exam Questions Solutions	Parallel and Perpendicular Lines Exam Questions Solutions	
C1W6 2 Oct	Inverse and Composite Functions Exam Questions Solutions	Iteration Exam Questions Solutions	Circle Theorems Exam Questions Solutions	
C1W7 9 Oct	3d Pythagoras and Trigonometry Exam Questions Solutions	Finding the Area of Any Triangle Exam Questions Solutions	The Sine Rule Exam Questions Solutions	
C1W8 16 Oct	The Cosine Rule Exam Questions Solutions	Rearranging Harder Formulae Exam Questions Solutions	Histograms Exam questions Solutions	
C1W9 6 Nov	Conditional Probability Exam Questions Solutions	The Nth Term of a Quadratic Sequence Exam Questions Quadratic Sequences	Completing the Square Exam Questions Solutions	
C1W10 13 Nov		Mock Examinations		



Science - Biology

C1W3 11 Sep	Animal & plant Cells Watch the video & make flash cards	Osmosis Required practical Watch the Video & identify variables	Osmosis & active transport <u>Video</u> <u>Revision quiz</u>
C1W4 18 Sep	Enzymes in digestive system Watch the video & summarize the enzymes activity	Heart & blood vessels Video and answer the questions	Malignant & benign tumors <u>Video</u> <u>Revision quiz</u>
C1W5 25 Sep	Food tests required practical Write the method of practical	Plants organs Draw the diagram and label the different structure in the leaf	Lock & key model of enzymes Video Revision quiz
C1W6 2 Oct	Bacterial diseases Make the notes on symptoms of diseases	Viral disease <u>Video answer the quiz</u>	Protist diseases <u>Video</u> <u>Revision quiz</u>
C1W7 9 Oct	Aerobic and anaerobic respiration Write the word equations for both processes	Photosynthesis required practical Watch the video & identify all the variables	Effects of exercise on the body Video Revision quiz
C1W8 16 Oct	Microscopy Required practical <u>Video – identify the variables</u>	Calculate magnification Video – answer the calculation question	Microscopy & magnification Revision quiz
C1W9 6 Nov	Fungal diseases Identify the symptoms of the diseases and answer the quiz questions	Body defence against infection Watch the video and answer the quiz question	Vaccinations <u>Video</u> <u>Revision quiz</u>
C1W10 13 Nov		Mock Examinations	



Science – Chemistry

C1W3 11 Sep	Atomic structure Video & answer the questions	Mass and charge of electron, proton & neutron Video & answer the questions	Mass number, atomic number & Isotopes Video & answer the questions Revision quiz
C1W4 18 Sep	Group 1 Reactivity Video & answer the questions	Group 7 reactivity <u>Video & answer the questions</u>	Arrangement of electrons in the shells Revision quiz
C1W5 25 Sep	How atoms form ions Video & answer the questions	Video & answer the questions	Properties of ionic compounds Revision quiz
C1W6 2 Oct	Covalent bonding <u>Video & answer the questions</u>	Properties of covalent molecules <u>Video & answer the questions</u>	Covalent bonding Revision quiz
C1W7 9 Oct	Structure of diamond Video & answer the questions	Bonding of diamond Video & answer the questions	Properties of diamond Revision quiz
C1W8 16 Oct	Structure & bonding in Graphite Video & answer the questions	Structure & Bonding in graphene Video & answer the questions	Properties of graphite & graphene Revision quiz
C1W9 6 Nov	Reactions of acids Video & answer the questions	Electrolysis of molten compounds Video & answer the questions	Electrolysis of aqueous compounds Video & answer the quiz questions Revision quiz
C1W10 13 Nov		Mock Examinations	



Physics

C1W3 11 Sep	Energy stores Video & answer the questions	Kinetic energy calculations Video & answer the questions	Gravitational potential energy calculations Video & answer the questions Revision quiz
C1W4 18 Sep	Specific heat capacity required practical Video & answer the questions	Biofuels & non -renewable energy resources Video & answer the questions	Irradiation & contamination Video & answer the questions Revision quiz
C1W5 25 Sep	Plum pudding model & nuclear model Video & answer the questions	Nuclear radiation & half life Video & answer the questions	Nuclear equations Video & answer the questions Revision quiz
C1W6 2 Oct	Circuit symbols Video & answer the questions	Ohms law V = IR Video & answer the questions	Series circuits Video & answer the questions Revision quiz
C1W7 9 Oct	Investigating resistance Required practical Video & answer the questions	IV Characteristics graphs Video & answer the questions	Parallel circuits Video & answer the questions Revision quiz
C1W8 16 Oct	Electricity in home Video & answer the questions	National grid Video & answer the questions	Step up & down transformers Revision quiz
C1W9 6 Nov	Density of regular shape and irregular shape objects Required practical Video & answer the questions	Particle model of matter Video & answer the questions	Specific latent heat Video & answer the questions Revision quiz
C1W10 13 Nov		Mock Examinations	



Geography (100% sheets, homeworks, past paper questions and flash cards should all be used as part of your revision strategy)

	C1W3 11 Sep	Paper 1 Natural Hazards (Earthquakes and Tropical storms) https://continuityoak.org.uk/lessons	Paper 1 Climate change (causes, impacts, mitigation, adaptation) https://continuityoak.org.uk/lessons	Paper 1 Living World (Ecosystems) https://continuityoak.org.uk/lessons
	C1W4 18 Sep	Paper 1 Cold environments (Alaska) https://continuityoak.org.uk/lessons	Paper 1 Rivers (Processes of erosion, transport and deposition) and features https://continuityoak.org.uk/lessons	Rivers – Erosion and deposition https://continuityoak.org.uk/lessons
1	C1W5 25 Sep	Rivers – formation of upper, middle and lower course features https://continuityoak.org.uk/lessons	Paper 1 Coasts (Processes of erosion, transport and deposition) and features https://continuityoak.org.uk/lessons	Paper 1 Coasts – Hard and soft engineering. https://continuityoak.org.uk/lessons
	C1W6 2 Oct	Paper 2 Urban issues and challenges (Lagos opps/challenges) https://continuityoak.org.uk/lessons	Paper 2 Urban issues and challenges (London opps and challenges) https://continuityoak.org.uk/lessons	Paper 2 Economic World (development indicators) https://continuityoak.org.uk/lessons
	C1W7 9 Oct	Paper 2 Economic World (strategies to close the development gaps – Tourism) https://continuityoak.org.uk/lessons	Paper 2 Economic World (strategies to close the development gap – Industrial Development) https://continuityoak.org.uk/lessons	Paper 2 Economic world – causes and consequences of uneven development https://continuityoak.org.uk/lessons
	C1W8 16 Oct	Paper 2 – Resource management (Water in the UK) https://continuityoak.org.uk/lessons	Paper 2 – Resource management (Energy in the UK) https://continuityoak.org.uk/lessons	Paper 2 – Resource management (Food in the UK) https://continuityoak.org.uk/lessons
_	C1W9 6 Nov	Paper 2 – Resource management. Global water issues https://continuityoak.org.uk/lessons	Paper 2 – Resource management. Large scale water transfer schemes (SNWTP) https://continuityoak.org.uk/lessons	Paper 2 – Resource management. Sustainable water transfer schemes (Hitosa) https://continuityoak.org.uk/lessons
_	C1W10 13 Nov		Mock Examinations	



History

Use your 100% Sheet booklet to consolidate your knowledge of the five topics we have focused in GCSE History. Create a large A3 spider-diagram. Use the 'flip-and-fold' method. Create flashcards for key words.

We will continue to hone our exam skills in our weekly essay and writing practice lessons.

C1W3 11 Sep	Focus on Pages 3 - 4 of 100% Sheet booklet (Viking World and Scandinavian Homelands)	Focus on Page 5 of 100% Sheet booklet (Eastward Expansion of the Vikings)	Focus on Page 6 of 100% Sheet booklet (Vikings as raiders and invaders across the West)
C1W4 18 Sep	Focus on Page 7 of 100% Sheet booklet (Settlers in the West in British Isles, France, N. Atlantic)	Focus on Page 8 of 100% Sheet booklet (Great Danes – Bluetooth, Forkbeard, Cnut the Great)	Focus on Page 9 of 100% Sheet booklet (Anglo-Saxon Golden Age?)
C1W5 25 Sep	Focus on Pages 10 – 11 of 100% Sheet booklet (Succession Crisis and Battle of Hastings	Focus on Pages 13 – 14 of 100% Sheet booklet (Rebellions, Castles, Domesday Book)	Focus on Page 15 of your 100% Sheet booklet (Fountains Abbey as a monastery)
C1W6 2 Oct	Focus on Page 16 of your 100% Sheet booklet (Fountains within Studley Royal and through time)	Focus on Pages 17 – 18 of 100% Sheet booklet (Migrants to Medieval England 1250 – 1500)	Focus on Pages 19 – 21 of 100% Sheet booklet (Migrants to Early Modern Britain 1500 – 1750)
C1W7 9 Oct	Focus on Pages 22 – 25 of your 100% Sheet Booklet (Industrial Britain 1750 – 1900)	Focus on Pages 26 - 29 of your 100% Sheet Booklet (Modern Britain 1900 - Present)	Focus on Page 30 of your 100% Sheet Booklet (Nazi Ideology & Hitler's consolidation of power)
C1W8 16 Oct	Focus on Pages 31-32 of your 100% Sheet Booklet (Propaganda and the Terror State)	Focus on Pages 33 of your 100% Sheet Booklet (Opposition before the Second World War)	Focus on Pages 34 - 35 of your 100% Sheet Booklet (Changing Lives of women, youth, workers)
C1W9 6 Nov	Focus on Page 36 - 37 of your 100% Sheet Booklet (Impact of WWII, Opposition & Total War)	Focus on Page 38 of your 100% Sheet Booklet (Contrasting Nature of Nazi Rule: East & West)	Focus on Page 39 of your 100% Sheet Booklet (The Holocaust and the three 'Solutions')
C1W10 13 Nov		Mock Examinations	



RE

C1W5	65jk2c Relationship and Families	Relationship and Families	crrket Relationship and Families
25 Sep	Contraception https://classroom.thenational.ac ademy/lessons/contraception- cmrkad	Cohabitation https://classroom.thenational.academy/lessons/cohabitation-71j3jt	Divorce and re-marriage https://classroom.thenational.aca demy/lessons/divorce-c9jkcd
C1W6 2 Oct	Crime and Punishment Causes and types of crime https://classroom.thenational.ac ademy/lessons/reasons-for- crime-64u32t	Crime and Punishment Aims of Punishment https://classroom.thenational.aca demy/lessons/aims-of- punishment-cgu62d	Crime and Punishment Religious views on crime and punishment https://classroom.thenational.aca demy/lessons/lawbreakers-and- types-of-crime-christianity-c5h66r https://classroom.thenational.aca demy/lessons/lawbreakers-and- types-of-crime-islam-c4ukat
C1W7 9 Oct	Religion and Life Origin of the universe https://classroom.thenational.ac ademy/lessons/origins-of-the- universe-christianity-64wp4r	Religion and Life Use and abuse of animals https://classroom.thenational.aca demy/lessons/treatment-of- animals-animal-testing-69hk8e	Religion and Life Abortion and Euthanasia arguments for and against https://classroom.thenational.aca demy/lessons/abortion-64wk6d https://classroom.thenational.aca demy/lessons/euthanasia-cgw68c
C1W8 16 Oct	Peace and Conflict Causes of war https://classroom.thenational.ac ademy/lessons/reasons-for-war- 6crp6e	Peace and Conflict Types of Violence https://classroom.thenational.acad emy/lessons/nuclear-weapons- and-wmds-6xh3ec	Peace and Conflict Religious views on violence https://classroom.thenational.aca demy/lessons/just-war-theory- christianity-ccv66t https://classroom.thenational.aca demy/lessons/just-war-theory- islam-65jkct
C1W9 6 Nov	Muslim Beliefs Other Holy Books https://classroom.thenational.ac ademy/lessons/holy-books-6cw62d	Muslim Beliefs Predestination https://classroom.thenational.ac ademy/lessons/predestination- 71jk4e	Christian Practices Church Growth https://classroom.thenational.a cademy/lessons/growth-of-the- church-ccvpac
C1W10 13 Nov		Mock Examinations	



Spanish

	BBC Bitesize: Spanish https://www.bbc.co.uk/bitesize/ examspecs/z4yyjhv	SENECS Learning https://app.senecalearning.com/login	AQA GCSE Spanish Assessment Resources Website Link
C1W3 11 Sep	Relationships with family and friends https://www.bbc.co.uk/bitesize/guides/z4wf92p/revision/1	Seneca Learning 3.3.11, 3.3.12 3.3.14, 3.3.15 3.3.16 3.3.18	Writing Foundation 2018 Writing Higher 2018
C1W4 18 Sep	Technology and media https://www.bbc.co.uk/bitesize/guides/znyprj6/revision/1	Seneca Learning 3.3.23, 3.3.24 3.3.26, 3.3.27, 3.3.28 3.3.20	Listening past paper, sound file Listening exam question paper: https://filestore.aqa.org.uk/sample-papers-and-mark-schemes/2018/june/AQA-86981F-QP-JUN18.PDF
C1W5 25 Sep	Music, cinema and TV https://www.bbc.co.uk/bitesize/guides/zd7dt39/revision/1	Seneca Learning 3.3.31 until 3.3.34	Reading Foundation 2018
C1W6 2 Oct	Food and eating out https://www.bbc.co.uk/bitesize/guides/zr8c7nb/revision/1	Seneca Learning 4.1.1 until 4.1.7	Reading Higher 2018
C1W7 9 Oct	Customs and festivals https://www.bbc.co.uk/bitesize/guides/zd2whbk/revision/1	Seneca Learning 5.7 and 5.8	Theme 1 flashcards- Me my family & Fiends: Identify and culture
C1W8 16 Oct	My local area https://www.bbc.co.uk/bitesize/guides/z789mfr/revision/1	Seneca Learning 5.1 and 5.2	Flashcards- Technology: Identity and culture
C1W9 6 Nov	Healthy and unhealthy living https://www.bbc.co.uk/bitesize/ guides/z4g3d6f/revision/1	Seneca Learning 6.3, 6.4 and 6.5	Flashcards- Free time: Identity and culture
C1W10 13 Nov		Mock Examinations	



Creative iMedia

Click on each video link, watch the video and make flashcards / notes etc (the videos below cover ALL the content you need to know for the exam)

C1W3 11 Sep			
C1W4 18 Sep	<u>Traditional media</u> <u>New media</u>	Products in the media industry 1 Products in the media industry 2	Products in the media industry 3 Products in the media industry 4
C1W5 25 Sep	Creative job roles Technical job roles	Senior job roles Purpose of media products	Client requirements Client brief formats
C1W6 2 Oct	Audience segmentation Audience research	Primary research methods Secondary research methods	Understanding media codes Camera and lighting
C1W7 9 Oct	Mise en Scene, Audio and animation Movements, transition and interactivity	Colours, graphics and typography Components of work plans	Mind maps and mood boards Asset logs, flowcharts and scripts
C1W8 16 Oct	Storyboard, visulisations and wireframes Legal considerations to protect individuals	Intellectual property rights Regulation, certification and classification	Health and safety Distribution platforms and media
C1W9 6 Nov	<u>File compression</u>	Image files Audio files	Moving image files
C1W10 13 Nov		Mock Examinations	



Drama

C1W3 11 Sep	Component 1: preparing for performance Ensure you have chosen your monologue and make sure it is long enough to last 2-3 minutes.	Component 1: preparing for performance From past experiences, set yourself a target for this component. What do you need to do to improve your performance skills e.g., slow down the tempo of your line delivery	Component 1: preparing for performance Write a character analysis. What do you know about your character? How do they/ the piece link to the theme?
C1W4	Component 1: rehearsal process	Component 1: rehearsal process	Component 1: rehearsal process
18 Sep	Make a note of your original vocal ideas. How does this link to theme?	Make a note of your original physicality ideas. How does this link to theme?	Make a note of how your character uses the space around them. How does this link to the theme?
C1W5	Component 1: preparing for performance	Component 1: preparing for performance	Component 1: preparing for performance
25 Sep	Draw and annotate a costume design for your character in the piece	Draw and annotate the set you will be using in your piece	Annotate your script, annotate your characters intentions of each line / section
C1W6	Component 1: rehearsal process	Component 1: rehearsal process	Component 1: rehearsal process
2 Oct	Write a note of the vocal skills used for example volume, tempo, pace and explain how you are exploring these skills to aid your performance	Write a note of the physical skills used for example facial expressions, body language, gait and explain how you are exploring these skills to aid your performance	Write a note of how your performance has changed so far? What has changed from your original idea and how has this improved you piece?
C1W7	Component 1: preparing for performance	Component 1: preparing for performance	Component 1: preparing for performance
9 Oct	Revisit your lines, make sure you know them all!	Make sure you have annotated your script and are fully aware of the intentions of your character in the piece.	Make a note of how your initial target has changed and what your target is for your final performance.
C1W8	Component 1: written reflection	Component 1: written reflection	Component 1: written reflection
16 Oct	Revisit the use of vocal skills used in your comp 1. Make notes on how your use of vocal skills link to the theme.	Revisit the use of physical skills used in your comp 1. Make notes on how your use of physical skills link to the theme.	Make a note of how your character development added to your piece / connected to your theme e.g., the use of costume and stage space
C1W9 6 Nov	Component 1: written reflection Make a note of how your performance was successful? What did you do well in your	Component 1: written reflection Make a note of how your performance could improve. If you were to perform it again, what	Component 1: written reflection Write down one target for yourself that will help improve your future performance skills and how it has changed from your
	performance?	would you change / adapt?	original e.g., now that I have worked on my vocal skills and improved the tempo of my delivery, I would now like to focus on my use of facial expressions to ensure they meet the characters intentions throughout
C1W10		Mock Examinations	
13 Nov			





Music

C1W3	Component 1	Component 1	Component 1
11 Sep	Revise the musical features of the EDM style of music.	Revise the musical features of The Blues style of music.	Revise the musical features o Reggae style of music.
C1W4	Component 1	Component 1	Component 1
18 Sep	Revise the musical features of the African style of music.	Revise the musical features of Film music.	Revise the musical features o the Rock n Roll style of music.
C1W5	Component 1		
25 Sep	Research information on two of your chosen musical styles.		
C1W6	Component 1		
2 Oct	Research information on the other two of your chosen musical styles.		
C1W7	Component 1		
9 Oct	Develop your composition based on your chosen style of music.		
C1W8	Component 1	Component 1	Component 1
16 Oct	Make sure your rehearsal log books are up to date.	Finish your composition.	Ensure your composition is complete and ready to be recorded.
C1W9	Component 1	Component 1	Component 1
6 Nov	Make sure your rehearsal log books are up to date.	Finish your composition.	Ensure your composition is complete and ready to be recorded.
C1W10 13 Nov		Mock Examinations	



Y11 Cycle 1 Revision Timetable BTEC Sport

C1W3 11 Sep	Component 3 –Components of Physical Fitness, watch video and make notes https://www.youtube.com/watch?v=s2cc-lxMMdc	Component 3 –Components of skill related Fitness. Watch videos and make notes https://www.youtube.com/watch?v =RCOLfXplqZA	Component 3 –Components of skill and physical Fitness – create a list of each component and select 3 appropriate sports for each component
C1W4 18 Sep	Component 3 Principles of Training https://www.bbc.co.uk/bitesize/guides/zxhxnbk/revision/2		
C1W5 25 Sep	Component 3- Exercise Intensity Watch video and make notes https://www.youtube.com/watch? v=Q4fNBk7TM7Y	Component 3 Fitness Testing , Reasons for Testing Watch Video and make notes https://www.youtube.com/watch?vefFTYMDyLHJ4	Component 3 Fitness Testing pre test procedures Watch video and make notes https://www.youtube.com/watch?v=naW6O2h3ya4
C1W6 2 Oct	Component 3 Fitness Test Methods (Physical Fitness) Complete learning mat from learning mat pack		
C1W7 9 Oct	Component 3 Fitness Test Methods (Complete learning mat from learning		
C1W8 16 Oct	Component 3 Methods of training (P Make notes and complete quiz https://www.bbc.co.uk/bitesize/guid		
C1W9 6 Nov	Component 3 Methods of training (sk Make notes and complete quiz https://www.bbc.co.uk/bitesize/guid		
C1W10 13 Nov		Mock Examinations	



Y11 Cycle 1 Revision Timetable **Hospitality and Catering**

C1W3 11 Sep			
C1W4 18 Sep	Macronutrients - Create a set of flash cards on the Carboyhdrates, Protein and Fat. Functions and sources Nutrition KO	Macronutrients: Pick three recipes the three separate macronutrients – https://www.bbcgoodfood.com/reciphttps://www.foodafactoflife.org.uk/r	<u>oes</u>
C1W5 25 Sep	Use the knowledge organiser pag look through here: https://www.years/cooking-14-16-years/cooking-14-16-years/cooking-14-16-years/cooking-14-16-years/cooking-14-16-years/cooking-14-16-years/cooking-14-16-years/cooking-14-		Timeplans: Create a timeplan for two dishes to be ready at the same time to serve to two customers.
C1W6 2 Oct	Micronutrients - Create a set of flash cards on the Carbohydrates, Protein and Fat. Functions and sources Nutrition KO	Micronutrients: Pick three recipes that would provide a good sources of the three separate macronutrients – https://www.bbcgoodfood.com/recipes https://www.foodafactoflife.org.uk/recipes/	
C1W7 9 Oct	Evaluations: Read through the kn on evaluations. Use the Sensory (https://www.foodafactoflife.org. years/ingredients-11-14-years/		Reflect on a practical lesson and complete an evaluation.
C1W8 16 Oct		irements – use your knowledge organ afactoflife.org.uk/14-16-years/health	
C1W9 6 Nov	Research a variety of recipes suita https://babyfoode.com/blog/75-	able for toddlers – toddler-meals-healthy-easy-recipes/	
C1W10 13 Nov		Mock Examinations	



Y11 Cycle 1 Revision Timetable BTEC Art & Design – Textiles/DT/ Art

C1W10 13 Nov	BTEC PSA Unit 1 Development & Refinement - Exploring a range of textiles techniques	 Presentation skills Visual communication Development and refinement of a range of materials, techniques and processes Practical skills Mock Examination	https://www.bbc.co.uk/bitesize/guides/z8pfcj6
	Development & Refinement - Exploring a range of	 Visual communication Development and refinement of a range of materials, techniques and processes 	https://www.bbc.co.uk/bitesize/guides/z8pfcj6
C1W9 6 Nov			
C1W8 16 Oct	BTEC PSA Unit 1 Development & Refinement - Exploring a range of material techniques	 Presentation skills Visual communication Development and refinement of a range of materials, techniques and processes Practical skill 	https://www.bbc.co.uk/bitesize/guides/z8pfcj6
C1W7 9 Oct	BTEC PSA Unit 1 Exploring the theme – Secondary Images	 Presentation skills Internet research Visual communication Drawing/ painting Materials exploration Practical Skill 	https://www.bbc.co.uk/bitesize/guides/z8sv97h
C1W6 2 Oct	BTEC PSA Unit 1 Primary Research – Drawing and manipulating primary images	 Presentation skills Visual communication Freehand drawing Photography Drawing/ painting 	https://www.bbc.co.uk/bitesize/guides/z8sv97h
C1W5 25 Sep	BTEC PSA Unit 1 Exploring the theme – Artist Analysis	Presentation skillsLiteracyAnalytical writing	https://www.bbc.co.uk/bitesize/guides/z2hp3k7 https://www.bbc.co.uk/bitesize/guides/zymtv9q
C1W4 18 Sep	BTEC PSA Unit 1 Exploring the theme - Artist Research	Presentation skillsLiteracyResearch skills	https://www.bbc.co.uk/bitesize/guides/z2hp3k7
C1W3 11 Sep	BTEC PSA Unit 1 Exploring the theme – Mind-map Moodboard	Presentation skillsLiteracyVisual communication	https://www.bbc.co.uk/bitesize/guides/zwk82nb