

Class of 2026 PE



Remote Learning Long Term Plan 2020-21

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	W/C 24/08	W/C 31/09	W/C 07/09	W/C 14/09	W/C 21/09	W/C 28/09	W/C 05/10	W/C 12/10	W/C 02/11	W/C 09/11	W/C 16/11	W/C 23/11	W/C 30/11
	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:
	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:
	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:
Cycle 2	W/C 07/12	W/C 14/12	W/C 04/01	W/C 11/01	W/C 18/01	W/C 25/01	W/C 01/02	W/C 08/02	W/C 22/02	W/C 01/03	W/C 08/03	W/C 15/03	W/C 22/03
	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI: Benefits of Exercise	LI: Effects of Exercise	LI: Warm up and Cool Down
	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task: SAM Learning	Task: SAM Learning	Task: SAM Learning
	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:
Cycle 3	W/C 12/04	W/C 19/04	W/C 26/04	W/C 03/05	W/C 10/05	W/C 17/05	W/C 24/05	W/C 07/06	W/C 14/06	W/C 21/06	W/C 28/06	W/C 05/07	W/C 12/07
	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:	LI:
	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:	Task:
	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:	Resources:

Additional resources:

Contact: Please contact your class teacher if you are unsure about something.